



Elementary School Books to Teach and Reinforce Social and Emotional Learning (SEL) Skills

Compliments

ABC, I Like Me! by Nancy Carlson

I Like Me! by Nancy Carlson

Elmer by David McKee

I'm Terrific by Marjorie Sharmat

Just Right! by Miriam Monnier

It's Okay to Be Different by Todd Parr

The Okay Book by Todd Parr

All By Myself! by Aiki

The Mixed-Up Chameleon by Eric Carle

We All Have Feelings

We Are All Alike... We Are All Different by Cheltenham Elementary Kindergarteners

My Nose, Your Nose by Melanie Walsh

Everybody Has Feelings: Todos Tenemos Sentimientos by Charles Avery

Happy

The Happy Hedgehog by Marcus Pfister

Miss Tizzy by Libba Gray

Silly (How I Feel Series) by Marcia Leonard

Happy (How I Feel Series) by Marcia Leonard

Tell Me Something Happy Before I Go to Sleep by Joyce Dunbar

My Best Friend by Pat Hutchins

My Bunny and Me by Lindsay George

Something Special for Me by Vera B. Williams



Morgan and the Artist by Donald Carrick

Polly Molly Woof Woof by David Lloyd

Sad

The Last Puppy by Frank Asch

I'll Always Love You by Hans Wilhelm

Why So Sad, Brown Rabbit? by Seridan Cain

Let's Talk About Feeling Sad by Joy Berry

Mom and Dad Don't Live Together Anymore by Kathy Stinson

The Tenth Good Thing About Barney by Judith Viorst

Tough Boris by Mem Fox

Humphrey's Bear by Jan Wahl

No Matter What by Deni Gliori

Grandma's Joy by Eloise Greenfield

Making Friends

Twiggle Makes Friends by Celene Domitrovich

Don't Need Friends by Carolyn Crimi

Just My Friend and Me by Mercer Mayer

My Friends by Taro Gomi

Flower Garden by Eve Bunting

Two Homes by Claire Masurel

Little Gorilla by Ruth Bornstein

Stellaluna by Janell Cannon

The Way I Feel by Jonan Cain

It's My Birthday by Pat Hutchins



Mad or Angry

The Chocolate-Covered-Cookie Tantrum by Deborah Blumenthal

The Paper Bag Princess by Robert Munsch

Let's Talk About Feeling by Joy Berry

Franklin's Bad Day by Paulette Bourgeois

I Was So Mad by Mercer Mayer

When You're Mad And You Know It by Elizabeth Crary

Rainbow Fish and the Big Blue Whale by Marcus Pfister

Noisy Nora by Rosemary Wells

I Can't Talk Yet, but When I Do... by Julie Markes

Mean Soup by Betsy Everitt

Scared or Afraid

Franklin in the Dark by Paulette Bourgeois

The Very Noisy Night by Diana Hendry

Thunder Cake by Patricia Polacco

There's a Nightmare in My Closet by Mercer Mayer

My Friend Bear by Jez Alborough

It's the Bear! by Jez Alborough

When Addie Was Scared by Linda Bailey

The Picnic by Ruth Brown

Franklin is Lost by Paulette Bourgeois

There's a Monster Under My Bed! by James Howe

My Feelings

Glad Monster, Sad Monster by Ed Emberley

How Are You Peeling? by Ed Emberley



Big AI by Andrew Clements

The Feelings Book by Todd Parr

Today I Feel Silly: And Other Moods That Make My Day by Jamie Lee Curtis

Feelings by Aliko

The Feeling Flower by Leah Dakroub

Listening to My Body by Gabi Garcia

Calm or Relaxed

How Leo Learned to Be King by Marcus Pfister

Night In The Country by Cynthia Rylant

Franklin Is Bossy by Paulette Bourgeois

Dinosaurs Divorce by Laurene Krasny

A Baby Sister For Frances by Russell Hoban

Harry and the Terrible Whatzit by Dick Gackenbach

The Story of Ferdinand by Munro Leaf

The Owl-Scatterer by Howard Norman

Peace Begins with You by Katherine Scholes

A Quiet Place by Douglas Wood

Sharing and Caring

We Are Best Friends by Aliko

Llama Llama Time To Share by Anna Dewdney

The Bear Who Shared by Catherine Rayner

It's Mine! by Leo Lionni

The Jelly Donut Difference: Sharing Kindness with the World by Maria Dismody



Making Choices

Shortcut by Donald Crews

What Were You Thinking? by Brian Smith

Land of Or by Katie Mullaly

Solving Problems

4 Pups and a Worm by Eric Seltzer

The Rainbow Fish by Marcus Pfister

I Did It, I'm Sorry by Caralyn Buehner

In the Rain with Baby Duck by Amy Hest

Changes, Changes by Pat Hutchins

Solving Problems With Friends

Who Took the Cookies From the Cookie Jar? by Bonnie Lass

The Berenstain Bears and the Trouble With Friends by Stan and Jan Berenstain

The Doorbell Rang by Pat Hutchins

We Share Everything! by Robert Munsch

Swimmy by Leo Lionni

Comfortable and Uncomfortable Feelings

Goldilocks and the Three Bears by Jan Brett

Kipper by Mick Inkpen

The Kissing Hand by Audrey Penn

Can't You Sleep, Little Bear? by Martin Waddell

Asleep, Asleep by Mirra Ginsburg

Different Types of Feelings

A Is For Angry: An Animal and Adjective Alphabet by Sandra Boynton



Oliver Button Is a Sissy by Tomie dePaola

Hug by Jez Alborough

Not Fair, Won't Share! by Lindsey Gardiner

Clifford Goes to Hollywood by Norman Bridwell

Excited

Clap Your Hands by Lorina Cauley

Song And Dance Man by Karen Ackerman

Five Minutes' Peace by Jilly Murphy

Preschool to the Rescue by Judy Sierra

Maebelle's Suitcase by Tricia Tusa

Tired

Goodnight Moon by Margaret Brown

Bedtime For Frances by Russell Hoban

Time For Bed by Mem Fox

The Night Worker by Kate Banks

The Boy of the Three-Year Nap by Dianna Snyder

Frustrated

Red Lace, Yellow Lace: Learn to Tie Your Shoe! by Mike Casey

Thomas' Snowsuit by Robert Munsch

Little Nino's Pizzeria by Karen Barbour

Finn Throws a Fit! by David Elliot

Airmail To The Moon by Tom Birdseye

Proud

The Biggest, Best Snowman by Margery Cuyler



I'm A Big Sister by Joanna Cole

Peter's Chair by Ezra Jack Keats

Annabelle Swift, Kindergartner by Amy Schwartz

The New Baby by Mercer Mayer

Love

The Runaway Bunny by Margaret Brown

Maisy Loves You by Lucy Cousins

The Giving Tree by Shel Silverstein

Who Wants a Cheap Rhinoceros? by Shel Silverstein

Olivia by Ian Falconer

Worried or Anxious

Tamara Feels Worried by Carol Kusche

Curious George Goes to the Hospital by Margaret and H. A. Rey

Ira Sleeps Over by Bernard Waber

Wemberly Worried by Kevin Henkes

100th Day Worries by Margery Cuyler

Lost in the Storm by Carol Carrick

Arthur Meets the President by Marc Brown

Disappointed

I Love You All Day Long by Francesca Rusackas

Chrysanthemum by Kevin Henkes

Amazing Grace by Mary Hoffman

Miss Spider's Tea Party by David Kirk

The Polar Express by Chris Allsburg

The Carrot Seed by Ruth Krauss



Hi, Harry! by Martin Waddell

My Dog, Trip by Deborah Ray

Alexander, Who Used to Be Rich Last Sunday by Judith Viorst

Jealous

Sheila Rae's Peppermint Stick by Kevin Henkes

Julius, The Baby of The World by Kevin Henkes

Madeline by Ludwig Bemelmans

When I'm Feeling Jealous by Trace Moroney

Let's Talk About Feeling Jealous by Joy Berry

Furious

Alexander, Who's Not Going to Move by Judith Viorst

Angelina's Baby Sister by Katherine Holabird

Muncha! Muncha! Muncha! by Candace Fleming

Guilty

Lilly's Purple Plastic Purse by Kevin Henkes

Ruthie and the (Not So) Teeny Tine Lie by Laura Rankin

A Bike Like Sergio's by Maribeth Boelts

David Gets in Trouble by David Shannon

Goldilocks Returns by Lisa Ernst

Fair Play

The Very Boastful Kangaroo by Bernard Most

How to Lose All Your Friends by Nancy Carlson

Pete the Cat: Play Ball! by James Dean

Good Sports by Jack Prelutsky



Me First by Helen Lester

Private

Stolen Smile by Thierry Robberecht

Waiting For Mama by Beatrice Schenk

Safe

Come A Tide by George Ella Lyon

Charlie Anderson by Barbara Abercrombie

Hurricane by David Wiesner

Clifford and the Big Storm by Norman Bridwell

Manners

OOPS! Excuse Me Please! And Other Mannerly Tales by Bob McGrat

What Do You Say, Dear? by Sesyle Joslin

Hands Are Not For Hitting by Martine Agassi

Manners by Alike

Surprised

The Wednesday Surprise by Eve Bunting

No Jumping On The Bed by Tedd Arnold

A Surprise Party by Lauryn Silverhardt

Surprise! by Caroline Hadilaksono

Two Terrible Frights by Jim Aylesworth

Embarrassed

Arthur's Underwear by Marc Brown

Molly's Pilgrim by Barbara Cohen



The Principal's New Clothes by Stephanie Calmenson

My Dad Takes Care Of Me by Patricia Quinlan

Olive And The Embarrassing Hat by Tor Freeman

Curious or Interested

The Boy Who Didn't Believe in Spring by Lucille Clifton

When The Wind Stops by Charlotte Zolotow

The Bicycle Man by Alice Say

Granddaddy's Place by Helen V. Griffith

Bored

Bored! Bored! Bored! by Jill Newton

Bored-Nothing To Do! by Peter Spier

"Mummy I'm Bored!" by John Cameron

Hopeful

Kathy's House: A Story of Hope by Trudy Krisher

The Story of Jumping Mouse by John Steptoe

Chip, the Little Computer by Dr. Hope

The Little Engine That Could by Watty Piper

Friendship

Franklin Says Sorry by Paulette Bourgeois

My Friend Rabbit by Eric Rohmann

The Faithful Friend by Rober D. San Souci

Yo! Yes? by Christopher Raschka

Let's Be Enemies by Janice May Udry



Lonely

The Storm Whale by Benji Davies

First Day Blues by Peggy Anderson

What In a Fishbowl by Troy Howell

Mitchell Is Moving by Marjorie Sharmat

The Very Lonely Firefly by Eric Carle

Shy

Angel Child, Dragon Child by Michele Surat

Shy Charles by Rosemary Wells

Hooray for Wodney Wat by Helen Lester

A Tiger Called Tomas by Charlotte Zolotow

What Mary Jo Shared by Janice May Udry

Love

Mango, Abuela, and Me by Meg Medina

Grandfather's Journey by Allen Say

Franklin Says I Love You by Paulette Bourgeois

A Mother for Choco by Keiko Kasza

Listening with My Heart by Gabi Garcia

Hate

Dog Breath by Dav Pilkey

Goldie Is Mad by Margie Palatini

The Hating Book by Charlotte Zolotow

I Hate Picture Books! by Timothy Young



Content or Satisfied

I Like To Be Little by Charlotte Zolotow

The Jolly Mon by Jimmy and Savannah Buffett

Miss Rumphius by Barbara Cooney

Just Us Women by Jeannette Caines

Ming Lo Moves The Mountain by Arnold Lobel

Self-Control

Angry Arthur by Hiawyn Oram

Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst

What Were You Thinking? by Bryan Smith

Ashamed

Cowardly Clyde by Bill Peet

Franklin Fibs by Paulette Bourgeois

The Berenstain Bears' Trouble At School by Stan and Jan Berenstain

Generous

Franklin and Harriet by Paulette Bourgeois

One of Each by Mary Ann Hoberman

Stone Soup by Marcia Brown

The Grouchy Ladybug by Eric Carle

Greedy and Selfish

Mufaro's Beautiful Daughters by John Steptoe

The Talking Eggs by Robert D. San Souci

King Midas And The Golden Touch by Charlotte Craft



Malicious

Alice and Greta by Steven Simmons

Teammates by Peter Golenock

Miss Nelson is Missing! by Harry Allard

The Berenstain Bears And Too Much Teasing by Stan and Jan Berenstain

Kind

Madeline Says Merci: The Always Be Polite Book by John Marciano

A Sick Day for Amos McGee by Philip Stead

The Very Kind Rich Lady And Her One Hundred Dogs by Chinlun Lee

Kind Little Rivka by Dina Rosenfeld

The Man Who Walked The Earth by Ian Wallace

Gossip

Did You Hear? by Frank Sileo

A Glass Full of Rumors by A. M. Marcus

Trouble Talk by Trudy Ludwig

For Sure! For Sure! by Hans Christian Anderson

The Golden Rule

Ordinary Mary's Extraordinary Deed by Emily Pearson

The Three Questions by Jon J. Muth

The Golden Rule by Ilene Cooper

Do Unto Otters by Laurie Keller

Listening

Quiet Please, Owen McPhee! by Trudy Ludwig

Listen Buddy by Helen Lester



Strega Nona by Tomie DePaola

Wordy Birdy by Tami Sauer

Teamwork

Click, Clack, Moo Cows That Type by Doreen Cronin

Officer Buckle by Peggy Rathmann

The Babe & I by David A. Adler

A Chair For My Mother by Vera B. Williams

Stone Soup by Jon J. Muth

Recognizing and Controlling Anger

When Sophie Gets Angry—Really, Really Angry... by Molly Bang

Andrew's Angry Words by Dorothea Lachner

We Are All Unique/Diversity

Just Plain Fancy by Patricia Polacco

Granddaddy's Place by Helen V. Griffith

All Are Welcome by Alexandra Penfold

The Name Jar by Yangsook Choi

Respect/Empathy

We're All Wonders by R.J. Palacio

Mr. Lincoln's Way by Patricia Polacco

The Hundred Dresses by Eleanor Estes

Witness by Karen Hesse

The Lemonade Club by Patricia Polacco

Setting Goals

Chicken Sunday by Patricia Polacco



Salt in His Shoes by Deloris Jordan

The Bee Tree by Patricia Polacco

Being Responsible

The Family Under the Bridge by Natalie Carlson

The Man Who Walked Between the Towers by Mordicai Gerstein

Rosa by Nikki Giovanni

I Wanna Iguana by Karen Kaufman